



Providentcare Plan

This plan covers the following Medical cases:

Primary Care

CAPITATION: *Diagnostics *Preventive Care *Bed Rest

Internal Medicine:- Consultation, Investigations:- *Laboratory *Plane X-rays *Ultrasound
Simple medical cases e.g. *Malaria *Upper respiratory tract infection
*Gastiritis *Basic Lab. Requirements *Arthritis *Pneumonia
*Complications arising from simple medical cases but does not result into organ damage. *Routine treatment for chronic diseases.

General Surgery- Consultation

Investigations:- *Laboratory *Plane X-rays *Ultrasound
Minor Surgery e.g. *Circumcision for Infant *Repair of simple wound.
*Wound debridement *Intermediate Surgery e.g. Appendicectomy
*Simple bone fractures *Routine treatment of chronic surgical cases.

Ophthalmology:- Consultation, Investigations:- *Eye tests & Examinations
*Treatment of simple eye complaints eg. Conjunctivitis

Ear/Nose/Throat (ENT): Consultation

Investigations:- * Laboratory *Plane X-rays
Uncomplicated simple medical problems arising from: (a) Ear (b) Nasal region (c) Throat (d) Sinuses (e) Salivary glands e.g. Sorethroat, acute Otitis media nasal obstruction with foreign body.
*Management of deafness (conductive) caused by obstruction e.g. Wax, foreign body. *Intermediate surgery
*Routine treatment of chronic diseases of ENT.

Gynaecology:- Consultation

Investigations:- *Laboratory *Plane X-rays *Ultrasound
Simple Gynaecological cases (a) Management of early pregnancy (B) Uncomplicated infections (c) Minor surgery e.g. Incision & Drainage (d) Family Planning/Counseling. (e) Prolapse (f) Labour care/Delivery (g) Dilatation and Curratage (D/C)
*Intermediate surgery e.g. Myomectomy *Routine treatment of infertility

Hospital Feeding:- NOT APPLICABLE

EXCLUSION: The following medical cases are excluded from this plan, but could be managed upon payment of extra charges.

Internal Medicine: -Complications arising from chronic medical cases e.g. Psychosomatic illnesses, -Severe medical cases.

General Surgery: Major Surgery e.g. Thyroidectomy,
- Complicated bone fracture eg. Compound fracture - Complication arising from chronic surgical cases.

Ophthalmology: -Major Surgery, -Provision of lenses and frames
- Complications arising from chronic diseases of the eye.
- Major eye diseases eg. Glaucoma, major trauma to the eye, Pterygium

Ear/Nose/Throat (ENT): -Chronic as well as complicated diseases of Ear/Nose/Throat, Sinuses and Lymphnodes, Hearing Aid
-All other cases of deafness, -Major surgery

Laboratory Test: - Hormonal Assay

Primary Dental Care: -Chronic dental diseases
-Major surgery, -Orthodontic treatment -Prothetic denlismy eg.t, -
Proriscion of dentures, -Complicated dental cases

Hospital Feeding

Obstetric:- Consultation

Investigations:- *Laboratory *Plane X-rays *Ultrasound
Antenatal care, Postnatal care for up to 4 live births,
Labour care/delivery
Simple birth injuries eg. Erb's pulse, Minor surgery eg. *
Episiotomy *repair of episiotomy/tear.
* complications arising from (a) Antenatal care eg. Antepartum haemorrhage, eclampsia (b) Postnatal care eg. Postpartum haemorrhage (c) Labour/delivery eg. Eclampsia, C/S *

Primary Dental Care:- Consultation

Investigations:- *Laboratory *X-ray *Simple cases of extraction,
Minor surgery eg. Incision & Drainage, Temporary filling/ pulp capping, Scaling & Polishing,
Intermediate dental surgery eg. Operculectomy, root extraction

X-Ray Investigations: Plane X-Ray only

Ultrasound Test:- *Abdominal scan *Pelvic scan

*Obstetrical scan *Abdomino pelvic scan *Breast scan
*Scrotal scan *Ophthalmic Ultrasound (Ocular b-scan)

Laboratory Test:- *Haematology *Clinical chemistry
*Histology *Microbiology/ Parasitology

Preventive care: *Routine Immunization *Family Planning
*Health Education *Patient Counseling

Accident & Emergency care: This Plan covers all medical emergency cares, but must be limited to the scope of cover.

Admission

:Admission in an open ward for a period not exceeding 7 days.

Gynaecology:- Specific congenital malformation diseases

- Uterus, vulva, cervix, ovary - Major Gynaecology operations
- Invitro Fertilization -Benign Tumours
- Complications arising from simple cases eg. Ectopic Pregnancy
- Special X-ray investigations eg. HSG
- Special Laboratory investigations eg. Hormonal assay
- Chronic gynaecological cases

Obstetric

- Chronic diseases.-Severe birth injuries to the baby eg. Skull fracture, -Major Obstetric Surgery e.g. Hysterectomy

The following ailments associated with pregnancy will attract additional charges:

- Diabetics in pregnancy, -Thyroid disease in pregnancy

Ultrasound Tests:

Any other aspects not indicated or covered shall form part (s) of the exclusions and may be subsequent for extra charges.

X-Ray Investigations: -Barium Swallow, -Barium Meal, -Barium, Enema, -Intravenous Urogram, Hysterosalpingography HSG, -Micturating Cystourethrogram (MCU)

Preventive care: Inplants and surgical contraceptives