



# Fidelity Healthcare Plan

**This plan covers the following Medical cases:**

## Primary Care

CAPITATION: \*Diagnostics \*Preventive Care \*Bed Rest

**Internal Medicine:-** Consultation, Investigations:- \*Laboratory \*Plane X-rays \*Ultrasound  
Simple medical cases e.g. \*Malaria \*Upper respiratory tract infection  
\*Gastiritis \*Basic Lab. Requirements \*Arthritis \*Pneumonia  
\*Complications arising from simple medical cases but does not result into organ damage. \*Routine treatment for chronic diseases.  
\*Treatment of chronic medical cases eg. Diabetic melitus, Functional disorder eg. Schizophrenia \*Major medical diseases eg.\* Thyroidoxicosis \* Respiratory failure \* Severe septicemia \* Mycardia infaction

## General Surgery-

Consultation  
Investigations:- \*Laboratory \*Plane X-rays \*Ultrasound  
Minor Surgery e.g. \*Circumcision for Infant \*Repair of simple wound.  
\*Wound debridement \*Intermediate Surgery e.g. Appendicectomy  
\*Simple bone fractures \*Routine treatment of chronic surgical cases.  
Management of compound fracture \*Major surgery  
\* Management of complicated compound fractures

## Ophthalmology:-

Consultation  
Investigations:- \*Eye tests & Examinations \*Treatment of simple eye complaints eg. Conjunctivitis, \*Intermediate eye surgery e.g. Cataract operation \*Provision of lenses and frames \*Major eye diseases eg. Glaucoma, major trauma to the eye, Pterygium \*Major surgery

## Ear/Nose/Throat (ENT):

Consultation, Investigations:- \* Laboratory \*Plane X-rays  
Uncomplicated simple medical problems arising from: (a) Ear (b) Nasal region  
(c) Throat (d) Sinuses (e) Salivary glands e.g.  
Sorethroat, acute Otitis media nasal obstruction with foreign body.  
\*Management of deafness (conductive) caused by obstruction e.g. Wax, foreign body \*Intermediate surgery  
\*Routine treatment of chronic diseases of ENT. \*Major surgery

## Gynaecology:-

Consultation, Investigations:- \*Laboratory hormonal assay inclusive)  
\*Plane X-rays \*Special x-ray investigation eg. HSG \*Ultrasound  
Simple Gynaecological cases  
(a) Management of early pregnancy (b) Uncomplicated infections  
(c) Minor surgery e.g. Incision & Drainage (d) Family Planning/Counseling.  
(e) Prolapse (f) Labour care/Delivery (g) Dilatation and Currratage (D/C)  
\*Intermediate surgery e.g. Myomectomy \*Routine treatment of infertility  
\*Management of Benign tumours. \*Major Gynaecology operations  
\*Chronic gynaecological cases

## Obstetric:-

-Consultation  
- Investigations:- \*Laboratory \*Plane X-rays \*Ultrasound  
Antenal care, Postnatal care for up to 4 live births, Labour care/delivery  
Simple birth injuries eg. Erb's palse, Minor surgery eg. \*Episiotomy  
\* repair of episiotomy/tear. \* complications arising from  
(a) Antenatal care eg. Antepartum haemorrhage, eclampsia  
(b) Postnatal care eg. Postpartum haemorrhage  
(c) Labour/delivery eg. Eclampsia, C/S \* Intermediate surgery  
\*Chronic diseases. \*Major Obstetric Surgery e.g. Hysterectomy

## Primary Dental Care: -

Consultation  
Investigations:- \*Laboratory \*X-ray \*Simple cases of extraction, Minor surgery eg. Incision & Drainage,  
Temporary filling/ pulp capping, Scaling & Polishing,  
Intermediate dental surgery eg. Operculectomy, root extraction  
\*Reduction & Mobilization of simple fracture

## X-ray Investigations:

\*Plane X-Ray only \*Barium Swallow \*Barium Meal \* Barium, E nerna  
\*Intravenous Urogram \*Hysterosalpiography HSG  
\*Micturating Cystourethrogram (MCU)

## Ultrasound Test

\*Abdominal Scan \*Pelvic Scan \* Obstetrical Scan  
\*Abdominal Pelvic Scan \*Breast Scan \* Scrotal Scan  
\*Ophthalmics Ultrasound (Ocular B-scan)

## Laboratory Test

\*Haematology \*Biochemistry \*Histology \*Microbiology/  
Parasitology Hormonal Assay

## Preventive Care: \*

\*Routine Immunization \*Family Planning  
\*Health Education \*Patient Counseling

**Accident & Emergency Care:** This Plan Covers all Medical Emergency Cares, but must be limited to the Scope of cover.

**Admission:** In a private room with full facilities for a period limited for 7 days.

**Hospital Feeding:** Hospital feeding for a period limited to 7 days.

**EXCLUSION:** The following medical cases are excluded from this plan, but could be managed upon payment of extra charges.

**Internal Medicine:** --Organ transplant, -Heart surgery, -Renal dialysis, -Organic disorder with psychiatric manifestations.

**General Surgery:** -Spinal cord compression/fracture resulting into paralysis or dysfunctioning of urinary bladder/rectum

## Ophthalmology:

- Complications arising from chronic diseases of the eye  
Provision of Designer's frames

**Ear/Nose/Throat (ENT):** -Chronic as well as complicated diseases of Ear/Nose/Throat, Sinuses and Lymphnodes, Hearing Aid, -All other cases of deafness

**Primary Dental Care:** -Chronic dental diseases  
-Major surgery, -Orthodontic treatment- -Prothetic denlisry eg., -  
Proriscon of dentures, -Complicated dental cases

## Gynaecology

Specific congenital malformation diseases  
- Uterus, vulva, cervix, ovary, - Invitro Fertilization

## Obstetric

- Severe birth injuries to the baby eg. Skull fracture.  
The following ailments associated with pregnancy will attract additional charges:  
- Diabetics in pregnancy, -Thyroid disease in pregnancy  
- Renal disease in pregnancy, -Cardiac disease in pregnancy

**Preventive care:** Inplants and surgical contraceptives.

**Ultrasound Tests:** Any other aspects not indicated or covered shall form part (s) of the exclusions and may be subsequent for extra charges eg. CT scan